

During the past 4 weeks, how often has the child had:	None of the time	Some of the time	Most of the time	All of the time	Score
loud snoring?	0	1	2	3	
breath holding spells or pauses in breathing at night?	0	1	2	3	
choking or made gasping sounds while asleep?	0	1	2	3	
mouth breathing because of a blocked nose?	0	1	2	3	
breathing problems during sleep that made you worried they were not getting enough air?	0	1	2	3	

Total score:

A total score below 5 makes the diagnosis of obstructive sleep apnoea unlikely.

A total score of 5 or higher has good sensitivity but poor specificity for moderate to severe obstructive sleep apnoea.

Reproduced from Soh HJ, Rowe K, Davey MJ, Horne RSC, Nixon GM. The OSA-5: Development and validation of a brief questionnaire screening tool for obstructive sleep apnea in children. Int J Pediatr Otorhinolaryngol 2018;113:62-6, with permission from Elsevier.