

Estrogen dose (micrograms)	Progestogen dose (micrograms)	Brand name examples [NB1]
<i>monophasic vaginal ring</i>		
ethinylestradiol 2700 (15 micrograms/24 hours over 3 weeks)	etonogestrel 11 700 (120 micrograms/24 hours over 3 weeks)	NuvaRing
<i>monophasic oral</i>		
estetrol 14200	drospirenone 3000	Nextstellis [NB2]
estradiol 1500	nomegestrol 2500	Zoely [NB2]
ethinylestradiol 20	levonorgestrel 100	Femme-Tab ED 20/100 [NB3] Lenest 20 ED Loette Microgynon 20 ED Micronelle 20 ED
ethinylestradiol 20	drospirenone 3000	Yaz [NB2]
ethinylestradiol 30	desogestrel 150	Madeline Marvelon
ethinylestradiol 30	dienogest 2000	Valette
ethinylestradiol 30	drospirenone 3000	Petibelle Yasmin
ethinylestradiol 30	gestodene 75	Minulet
ethinylestradiol 30	levonorgestrel 150	Eleanor 150/30 ED [NB3] Evelyn 150/30 ED [NB3] Femme-Tab ED 30/150 [NB3] Lenest 30 ED [NB3] Levlen ED [NB3] Microgynon 30 ED Micronelle 30 ED [NB3] Monofeme [NB3] Nordette Seasonique [NB4]
ethinylestradiol 35	cypoterone 2000 [NB5] [NB6]	Chelsea-35 ED Diane-35 ED Estelle-35 ED Jene-35 ED Juliet-35 ED Laila-35 ED
ethinylestradiol 35	norethisterone 500	Norimin [NB3]
ethinylestradiol 35	norethisterone 1000	Norimin-1 [NB3]
ethinylestradiol 50 [NB7]	levonorgestrel 125	Microgynon 50 ED
mestranol 50 [NB7]	norethisterone 1000	Norinyl-1

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<i>triphasic oral formulation</i>		
phase 1 (6 pills):	ethinylestradiol 30 + levonorgestrel 50	Logynon ED [NB3]
phase 2 (5 pills):	ethinylestradiol 30 + levonorgestrel 75	Trifeme [NB3]
phase 3 (10 pills):	ethinylestradiol 40 + levonorgestrel 125	Triquilar ED [NB3]
<i>quadriphasic oral formulation</i>		
phase 1 (2 pills):	estradiol valerate 3000 alone	Qlaira [NB8]
phase 2 (5 pills):	estradiol valerate 2000 + dienogest 2000	
phase 3 (17 pills):	estradiol valerate 2000 + dienogest 3000	
phase 4 (2 pills):	estradiol valerate 1000 alone	
<p>PBS = Pharmaceutical Benefit Scheme; TGA = Therapeutic Goods Administration</p> <p>NB1: List may not be complete.</p> <p>NB2: Nextstellis, Yaz and Zoely are packaged with 24 active (hormone) pills and 4 inactive pills.</p> <p>NB3: At the time of writing, these formulations are available on the PBS (all those containing norethisterone and some containing levonorgestrel).</p> <p>NB4: Seasonique is packaged with 84 pills containing ethinylestradiol+levonorgestrel 30+150 micrograms, and 7 pills containing ethinylestradiol 10 micrograms.</p> <p>NB5: Contraceptives containing cyproterone are only approved by the Australian TGA for use in individuals with hirsutism or severe acne.</p> <p>NB6: Formulations containing cyproterone should not be used for Quick Start unless pregnancy can be reasonably excluded, because there is a theoretical risk of feminisation of a male fetus.</p> <p>NB7: Formulations containing high-dose estrogen (50 micrograms of ethinylestradiol or mestranol) pose an unacceptable risk of venous thromboembolism. They are not recommended for contraception or management of conditions such as hirsutism, endometriosis, polycystic ovary disease, premenstrual syndrome or premenstrual dysphoric disorder. Their role is limited to short-term use to manage acute severe uterine bleeding.</p> <p>NB8: Qlaira is packaged with 26 active (hormone) pills and 2 inactive pills. It only provides immediate contraception if started on day 1 of the menstrual cycle. If started on day 2 or later, it takes 9 days to become effective.</p>		