



NB1: This advice applies to combined oral contraceptives, and to progestogen-only pills (POPs) containing drospirenone (eg Slinda). Product information may differ from this the product information for some formulations.

NB2: This advice does not apply if more than four pills have been missed. Seek medical advice if five or more pills have been missed.

NB3: These instructions do not apply to quadriphasic combined oral contraceptive pills (eg Qlaira). See the product information for advice.

NB4: Ulipristal (another type of emergency contraception) is usually not suitable in this scenario; if any hormonal contraception (excluding levonorgestrel-releasing intrauterine contraceptive devices) has been used in the past week, it may reduce the effectiveness of ulipristal. The contraceptive pill also can't be restarted for 5 days after ulipristal, so condoms are required for 12 days after taking ulipristal.

Adapted with permission from: Contraception: an Australian clinical practice handbook. 4th ed. Ashfield, New South Wales: Family Planning New South Wales, Family Planning Victoria, and True Relationships and Reproductive Health; 2016.

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