

## Gradation of pain

Do you suffer from a burning sensation (eg stinging nettles) in the area of your pain?

0	1	2	3	4	5
never	hardly noticed	slightly	moderately	strongly	very strongly

Do you have a tingling or pricking sensation (like crawling ants or electrical tingling) in the area of your pain?

0	1	2	3	4	5
never	hardly noticed	slightly	moderately	strongly	very strongly

Is light touching in the area of your pain (eg by clothing or a blanket) painful?

0	1	2	3	4	5
never	hardly noticed	slightly	moderately	strongly	very strongly

Do you have sudden attacks of pain (like electric shocks) in the area of your pain?

0	1	2	3	4	5
never	hardly noticed	slightly	moderately	strongly	very strongly

Is cold or heat in the area of your pain (eg from bath water) occasionally painful?

0	1	2	3	4	5
never	hardly noticed	slightly	moderately	strongly	very strongly

Do you suffer from a sensation of numbness in the area of your pain?

0	1	2	3	4	5
never	hardly noticed	slightly	moderately	strongly	very strongly

Does slight pressure in the area of your pain (eg with a finger) trigger pain?

0	1	2	3	4	5
never	hardly noticed	slightly	moderately	strongly	very strongly

## Pain course pattern

Please select the response that best describes the course of your pain:

- Persistent pain with slight fluctuations 0
- Persistent pain with pain attacks -1
- Pain attacks without pain between them +1
- Pain attacks with pain between them +1

## Radiating pain

Does your pain radiate to other areas of your body?

- Yes 2
- No 0

Add the score for each item. If the total score is 12 or less, a neuropathic component is unlikely. If the total score is 19 or more, a neuropathic component is likely. For scores in between, the presence of a neuropathic component is uncertain.

Freyhagen R, Baron R, Gockel U, Tolle TR. painDETECT: a new screening questionnaire to identify neuropathic components in patients with back pain. Curr Med Res Opin 2006;22(10):1911-20. <http://www.ncbi.nlm.nih.gov/pubmed/17022849>, reproduced by permission of the publisher (Taylor & Francis Ltd, <http://www.tandfonline.com>).